
IRS Benefit Plan Limits for 2022

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On November 4, 2021, the Internal Revenue Service released [Notice 2021-61](#), announcing cost-of-living adjustments that affect contribution limits for retirement plans and retirement accounts in 2022. The list below, although not exhaustive, highlights key changes that retirement plan sponsors should be aware of, as well as some limitations that remain unchanged from 2021:

- The elective deferral limit is increasing from \$19,500 to \$20,500.
- The catch-up contribution limit for employees age 50 and older remains unchanged at \$6,500.
- The aggregate contribution limit for defined contribution plans is increasing from \$58,000 to \$61,000.
- The annual compensation limit used to calculate contributions is increasing from \$290,000 to \$305,000.
- The limitation on the annual benefit under a defined benefit plan is increasing from \$230,000 to \$245,000.
- The dollar limit used in the definition of “key employee” in a top-heavy retirement plan is increasing from \$185,000 to \$200,000.
- The dollar limit used in the definition of “highly compensated employee” is increasing from \$130,000 to \$135,000.

The table below displays the 2021 and 2022 limits for a host of tax breaks:

401(k) Plan Limits for Plan Year	2021 Limit	2022 Limit
401(k) Elective Deferral Limit ¹	\$19,500	\$20,500
Catch-Up Contribution ²	\$6,500	\$6,500
Defined Contribution Dollar Limit	\$58,000	\$61,000
Compensation Limit ³	\$290,000	\$305,000
Highly Compensated Employee Income Limit	\$130,000	\$135,000
Key Employee Officer Limit	\$185,000	\$200,000
Non-401(k) Limits		
403(b) Elective Deferral Limit ¹	\$19,500	\$20,500
Defined Benefit Dollar Limit	\$230,000	\$245,000
457 Employee Deferral Limit	\$19,500	\$20,500



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SEP and SIMPLE IRA Limits	2021 Limit	2022 Limit
SEP Minimum Compensation	\$650	\$650
SEP Maximum Compensation	\$290,000	\$305,000
SIMPLE Contribution Limit	\$13,500	\$14,000
SIMPLE Catch-Up Contribution ²	\$3,000	\$3,000
IRA and Roth Limits		
IRA and Roth Contribution Limit	\$6,000	\$6,000
Catch-Up Contribution ²	\$1,000	\$1,000

¹Employee deferrals to all 401(k) and 403(b) plans must be aggregated for purposes of this limit.

²Contributors must be age 50 or older during the calendar year.

³All compensation from a single employer (including all members of a controlled group) must be aggregated for purposes of this limit.

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